# Best Practices for Working with Marsh Plants & Oyster Shell





North Carolina Coastal Federation Working Together for a Healthy Coast

April 2023, Rachel Bisesi Coastal Education Coordinator

# **North Carolina Coastal Federation**



Nonprofit Organization •41<sup>st</sup> Anniversary! •Three offices •30 staff and 30 board members Key Goals: **Clean Coastal Waters Promote Living Shorelines Restore Oyster Habitat Effective Coastal Management Reduce Marine Debris** 



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# Using Plants & Oyster Shells for Living Shorelines



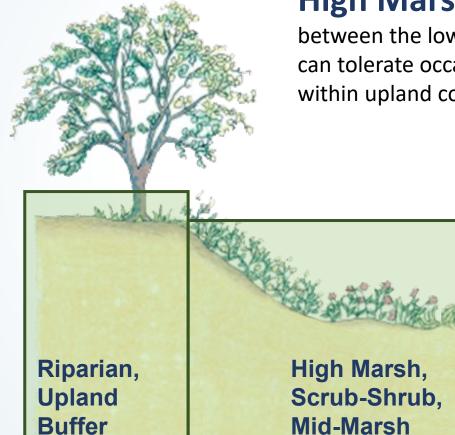




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#### Riparian, Upland Buffer: located at the highest

elevation of the slope, it is generally only flooded during extreme storm surges.



#### High Marsh, Scrub-Shrub, Mid-Marsh: located

between the low marsh and the riparian/upland buffer. Plants here can tolerate occasional flooding during extreme events but exist within upland conditions.

Low

Marsh

**Low Marsh:** located along the seaward edge of the salt marsh. It is flooded at every high tide and exposed during low tide.

Mean High Tide

Modified from: http://ccrm.vims.edu/wetlands/livingshoreline\_intro.html

#### Common Shrubs and Trees Planted for Living Shorelines



#### Wax Myrtle



#### Marsh Elder



Yaupon Holly



**Bald Cypress** 



Atlantic White Cedar

# **Typical North Carolina Saltwater Marsh Plants**







Spartina alterniflora (smooth cordgrass)

*Juncus roemerianus* (black needlerush)

Spartina patens (saltmeadow hay)

## Nurseries that Grow Salt Marsh Plugs

Nursery	Location
Garner's Landscaping & Plant Stand	Newport
Wetland Plants Inc.	Edenton
Mellow Marsh Farm, Inc	Siler City
Lumber River Native Plants	Gibson
Mercer Nursery	Lockwoods Folly
Coastal Transplants	Bolivia



Note: prices will vary due to weather, availability, demand, shipping costs, and market variability.



# Ordering and Planting Times

- Order in fall
- Plant in April-June
- Plant in spring for 2-3 years



- Trays or boxes
- Trim "Haircut"
- Grow them in a greenhouse



# When and Where to Plant

- Plant in April through mid-June for 1-3 years.
- If planting an unvegetated area:
  - Smooth cordgrass below high tide line
  - Saltmeadow cordgrass and black
     Needlerush-at/above high tide line
- Plant where that species is already present
- Plant close together and close to existing grass





#### How to Plant Marsh Grass



# How to Plant Marsh Grass



1. Use a dibble bar

2. Push dibble bar down sixinches deep, move thedibble bar back and forthto make the hole

3. Place one plug per hole.

4. Repeat, planting plugs six inches to one foot apart









# Jones Island Living Shoreline



# **Before Planting**

After 1 Year

# **Jones Island Living Shoreline**



# Using Recycled Oyster Shells for Living Shorelines

#### The shells of oysters that were harvested and consumed





# Why are oysters important?





# Why are oysters important?



#### The 3 F's = Food, Filtration, Fish Habitat



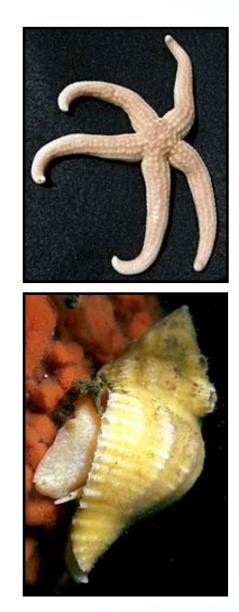
# food

#### Carteret County leaders enjoying an oyster roast!









food





How many gallons of water can ONE oyster filter in a day?

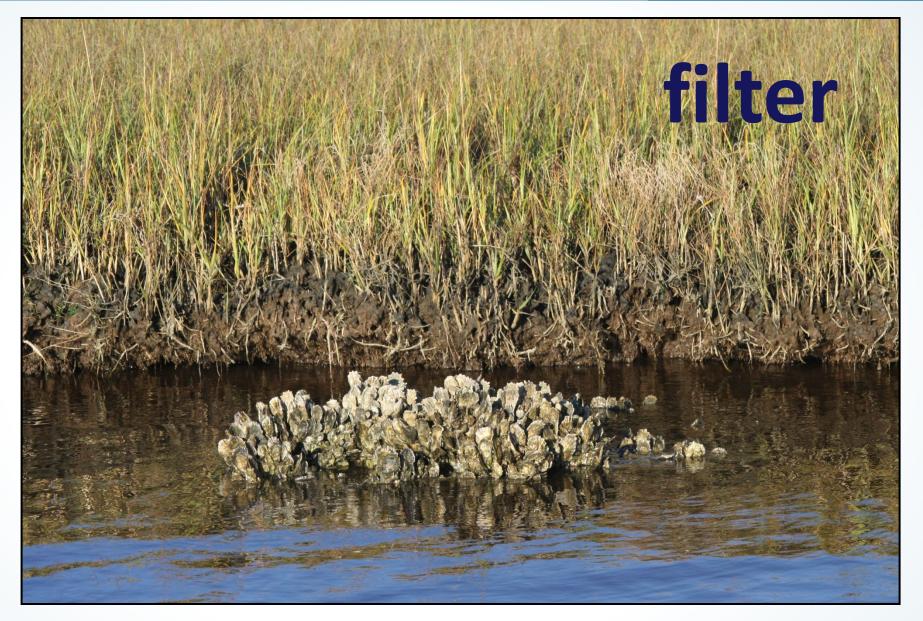
- a) Up to 2 gallons
- b) Up to 50 gallons
- c) Up to 15 gallons



How many gallons of water can ONE oyster filter in a day?

a) Up to 2 gallons
b) Up to 50 gallons
c) Up 5 gallons





#### An adult oyster can filter 25-50 gallons of water a day!

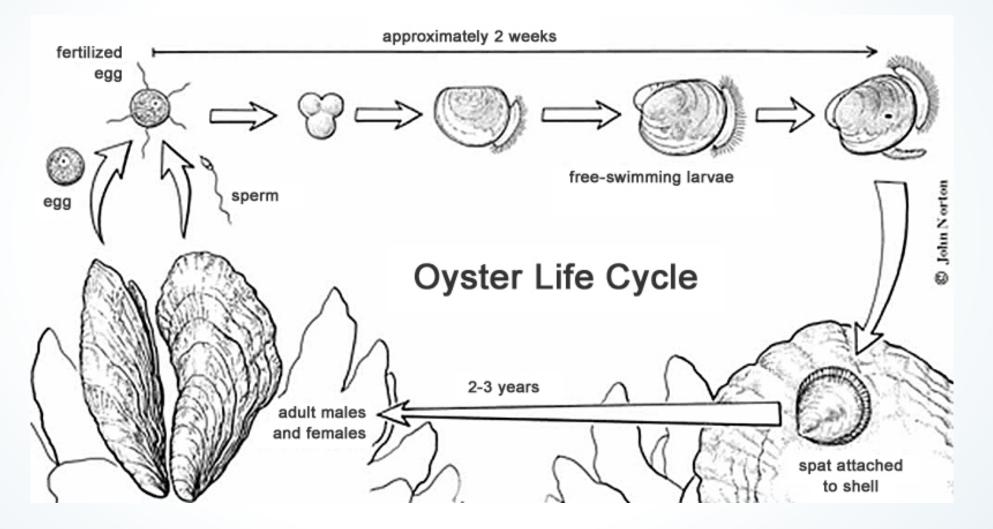


#### **Oyster reefs are full of life**!

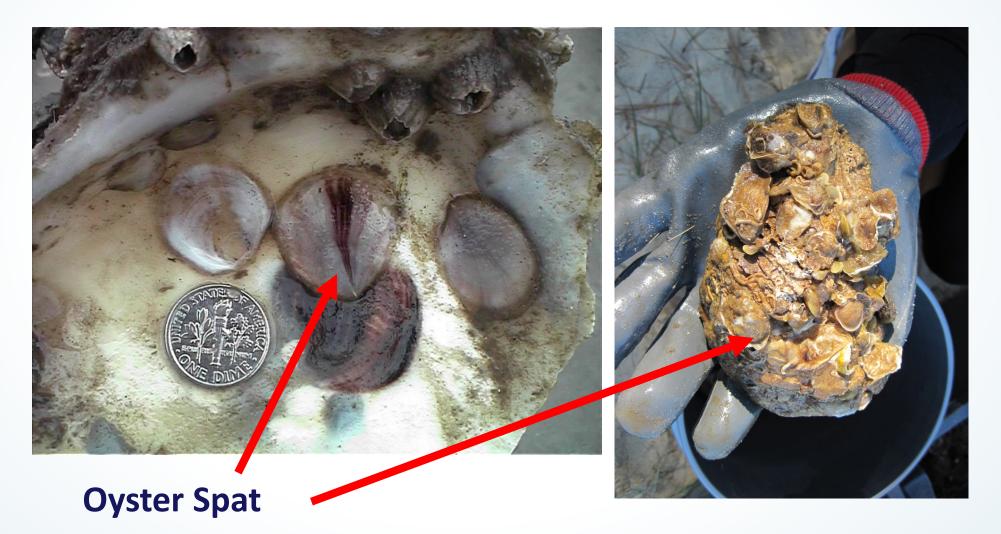




# **Oyster Biology**



# Live baby oysters (Spat) grow on top of recycled oyster shells







#### Live oysters growing on top of recycled shells

# Using Recycled Oyster Shells for Living Shoreline Construction in Oyster Growing Waters





### **Using Recycled Oyster Shells**

#### **Loose Oyster Shells**

#### **Oyster shell bags**





# Patch Oyster Reefs



# Using Oyster Shell Bags





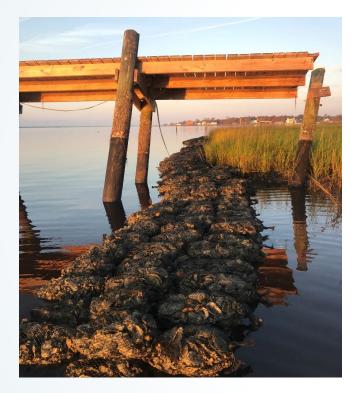




# Be on the Lookout! Eroding Shorelines



## Living Shorelines in front of Soundside Homes









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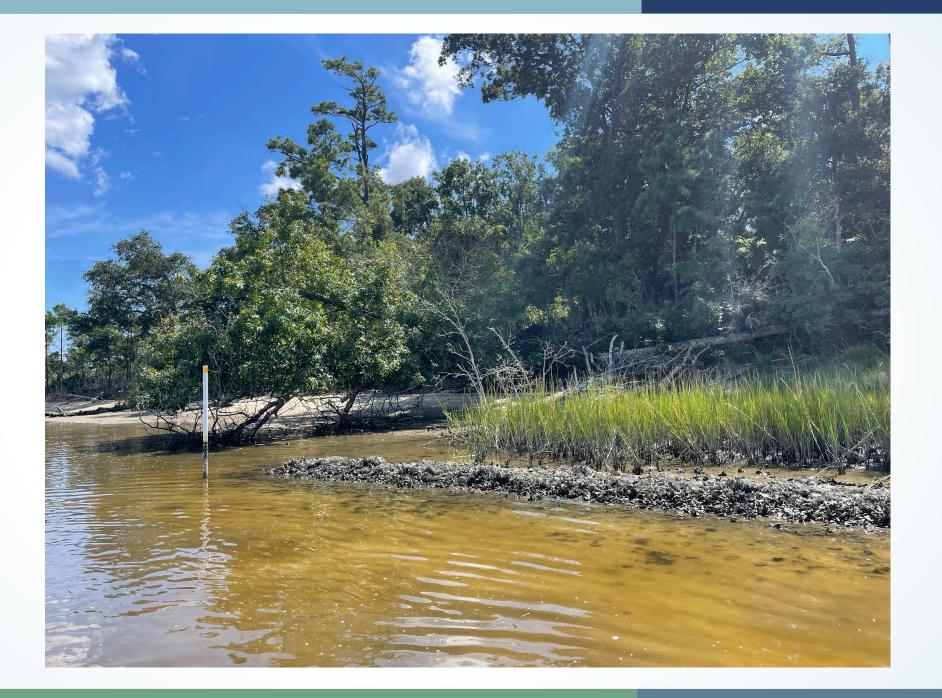
# Living Shorelines in front of Soundside Homes







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