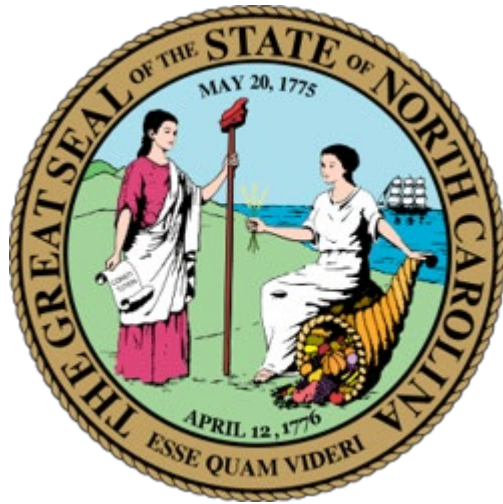


Tornado Preparedness



Tornadoes

- A tornado is a violent, rotating column of air extending from the base of a thunderstorm down to the ground
- Tornadoes can strike any time, day or night. They are most common in the central plains and southeastern United States



Tornado Watches vs. Warnings

- **Tornado Watches** mean be prepared. Tornadoes are possible in and near the watch area.
- **Tornado Warnings** mean take action! A tornado has either been sighted or confirmed by radar in the warning area.



Tornado Watches

Be prepared:

1. Review and discuss your tornado plan
2. Check supplies in your safe room (first aid kit, water)
3. Be ready to act quickly



Tornado Warning

Act Immediately:

1. Avoid windows
2. Close office door when leaving
3. Grab your emergency kit (first aid kit, water, radio, prescription drugs)
4. Move to interior room on lowest floor of sturdy building



Tornado Safety Position

Crouch face down and protect your head with your arms



At Work

- Follow your tornado plan
- Move to designated area in a calm, orderly fashion
- Avoid windows
- Avoid large, open rooms
- Get under something sturdy if possible



At Home

- Go to basement, safe room, or interior room away from windows on lowest floor
- Remember pets if time allows
- Assume tornado safety position



If Caught Outside

- Sheds and storage units are not safe
- Find low, open ground away from objects
- Find a ditch
- Assume the tornado safety position



If Caught in a Vehicle

Vehicles are not safe in a tornado:

- Drive to a sturdy shelter
- Get down in vehicle and cover your head
- Abandon vehicle for a low-lying area or ditch



After a Tornado

- Stay Informed: monitor local news or NOAA
- Contact family members
- Assess damages: dress safely, avoid downed power lines & notify authorities about them
- Help others if you are properly trained

