

STATE MANAGED SPECIES – SPOTTED SEATROUT

FISHERY MANAGEMENT PLAN UPDATE SPOTTED SEATROUT AUGUST 2025

STATUS OF THE FISHERY MANAGEMENT PLAN

Fishery Management Plan History

Original FMP Adoption:	February 2012	
Amendments:	Amendment 1	March 2025
Revisions:	None	
Supplements:	Supplement A	February 2014
Information Updates:	None	
Schedule Changes:	None	
Comprehensive Review:	July 2030	

Spotted seatrout (*Cynoscion nebulosus*) is managed under the authority of two state and one interjurisdictional fishery management plans (FMP). The North Carolina Marine Fisheries Commission (MFC) currently manages spotted seatrout under Amendment 1 to the North Carolina Spotted Seatrout FMP (NCDMF 2025) and the North Carolina FMP for Interjurisdictional Fisheries (NCDMF 2022). The MFC adopted Amendment 1 at its March 2025 business meeting with management to begin in 2025. However, the spotted seatrout fishery was managed under Supplement A to the Spotted Seatrout Fishery Management Plan for all of 2024 (NCDMF 2014). At its February 2014 business meeting, the MFC voted to adopt Supplement A and maintain short-term management measures in the spotted seatrout fishery (Proclamation FF-38-2014: 14-inch minimum size, 75-fish commercial trip limit with weekend closures in joint waters except in Albemarle and Currituck sounds; Proclamation FF-39-2014: 14-inch minimum size, four-fish recreational bag limit).

The Atlantic States Marine Fisheries Commission (ASMFC) manages spotted seatrout in all Atlantic States who have a declared interest in the species. In addition to the ASMFC Spotted Seatrout FMP, the ASMFC manages spotted seatrout under the Omnibus Amendment to the Interstate Fishery Management Plans for Spanish Mackerel, Spot, and Spotted Seatrout (ASMFC 2011). The goals for the Omnibus Amendment are to bring the FMPs for the three species under the authority of the ASMFC Interstate Fishery Management Program Charter and bring compliance requirements to each state. Because the intent of the Omnibus amendment was to bring the ASMFC Spotted Seatrout FMP into compliance with the new ASMFC charter, management measures were not adjusted and the identified objectives and compliance requirements to the states of the Omnibus Amendment are the same as Amendment 1 to the ASMFC Spotted Seatrout FMP (ASMFC 1990) and are as follows:

- Manage the spotted seatrout fishery restricting catch to mature individuals (12-inch minimum size limit).
- Manage the spotted seatrout stock to maintain appropriate spawning stock biomass (20% SPR).
- Develop research priorities that will further refine the spotted seatrout management program to maximize the biological, social, and economic benefits derived from the spotted seatrout population.

To ensure compliance with interstate requirements, North Carolina also manages this species under the North Carolina Fishery Management Plan for Interjurisdictional Fisheries (NCDMF 2022). The goal of this FMP is to adopt fishery management plans, consistent with N.C. law, approved by the Mid-Atlantic Fishery Management Council, South Atlantic Fishery Management Council, or the ASMFC by reference and implement corresponding fishery regulations in North Carolina to provide compliance or compatibility with

approved fishery management plans and amendments, now and in the future. The goal of these plans, established under the Magnuson-Stevens Fishery Conservation and Management Act (federal council plans) and the Atlantic Coastal Fisheries Cooperative Management Act (ASMFC plans) are like the goals of the Fisheries Reform Act of 1997 to “ensure long-term viability” of these fisheries.

As required in the 2012 FMP, a stock assessment (NCDMF 2015a) was completed on schedule (2014–2015), peer reviewed, approved for management, and presented to the MFC at its May 2015 business meeting. A new benchmark stock assessment began in late 2020 and was completed and accepted for use in management October 2022. Results from the 2022 Spotted Seatrout Stock Assessment showed that the North Carolina and Virginia stock of Spotted Seatrout is not overfished, but overfishing is occurring. The North Carolina Division of Marine Fisheries (DMF) completed Amendment 1 to the state FMP for spotted seatrout in 2024 and the MFC adopted Amendment 1 in March of 2025 with management to reduce overall spotted seatrout harvest by approximately 27%, end overfishing, and ensure sustainable harvest.

Management Unit

The management unit for Amendment 1 to the North Carolina Spotted Seatrout FMP (NCDMF 2025) includes all spotted seatrout within the Coastal and Joint Fishing Waters of North Carolina. The unit stock, or population unit, for North Carolina’s assessment of spotted seatrout includes all spotted seatrout in North Carolina and Virginia. Virginia landings were included in the stock assessment of spotted seatrout because of the relatively higher rate of mixing observed between North Carolina and Virginia.

Goal and Objectives

The goal of Amendment 1 to the North Carolina Spotted Seatrout FMP (NCDMF 2025) is to manage the spotted seatrout fishery to maintain a self-sustaining population that provides sustainable harvest based on science-based decision-making processes. The following objectives will be used to achieve this goal:

- Implement management strategies within North Carolina that end overfishing and maintain the spotted seatrout spawning stock abundance and recruitment potential.
- Promote restoration, enhancement, and protection of critical habitat and environmental quality in a manner consistent with the Coastal Habitat Protection Plan, to maintain or increase growth, survival, and reproduction of the spotted seatrout stock.
- Monitor and manage the fishery in a manner that utilizes biological, socioeconomic, fishery, habitat, and environmental data.
- Promote outreach and interjurisdictional cooperation regarding the status and management of the spotted seatrout stock in North Carolina and Virginia waters, including practices that minimize bycatch and discard mortality.

DESCRIPTION OF THE STOCK

Biological Profile

Spotted seatrout range from Massachusetts to southern Florida and the Bahamas on the U.S. Atlantic Coast and continue through the Gulf of Mexico to the Yucatan Peninsula, Mexico (Murphy et al. 2006), however it is rare north of Virginia, United States. Genetic and tagging data support a single unit stock in Virginia and North Carolina (Ellis et al. 2019). Genetic data also shows New River, North Carolina is an area of complex, seasonal mixing between two genetically distinct populations (Ellis et al. 2019): Georgia through Cape Fear River, North Carolina, and Bogue Sound, North Carolina and north (O’Donnell et al. 2014; Ellis et al. 2019). Spotted seatrout can tolerate a wide salinity range (euryhaline) and inhabit shallow coastal and estuarine waters throughout their range (Deaton et al. 2010). The North Carolina state record spotted seatrout weighed 12.5 pounds, measured 33.5-inches total length, and was caught in the Lower Neuse River in 2022. The maximum reported age is 9 years in North Carolina for both male and female fish (NCDMF

2012). Most spotted seatrout in North Carolina are mature and reach an average size of 7.9 inches for males and 9.9 inches for females by age 1 with all males mature at 12 inches and females at 15 inches. Spawning in North Carolina occurs from April to October with peak spawn around May (Burns 1996). Spawning occurs within the first few hours after sunset (Luczkovich et al. 1999) and a single fish is capable of spawning multiple times (batch spawners) throughout the season. In South Carolina and Florida, older spotted seatrout were found to spawn more often than younger fish (Roumillat and Brouwer 2004; Lowerre-Barbieri et al. 2009). Estimates of the number of eggs a female can produce in a year from the Southeast and Gulf Coasts vary based on size, age, and range, from 3 million to 18 million per year (Nieland et al. 2002; Roumillat and Brouwer 2004; Murphy et al. 2011).

Stock Status

The 2022 North Carolina spotted seatrout stock assessment (NCDMF 2022) indicated the spotted seatrout stock in North Carolina and Virginia is not overfished but overfishing is occurring (Figures 1 and 2).

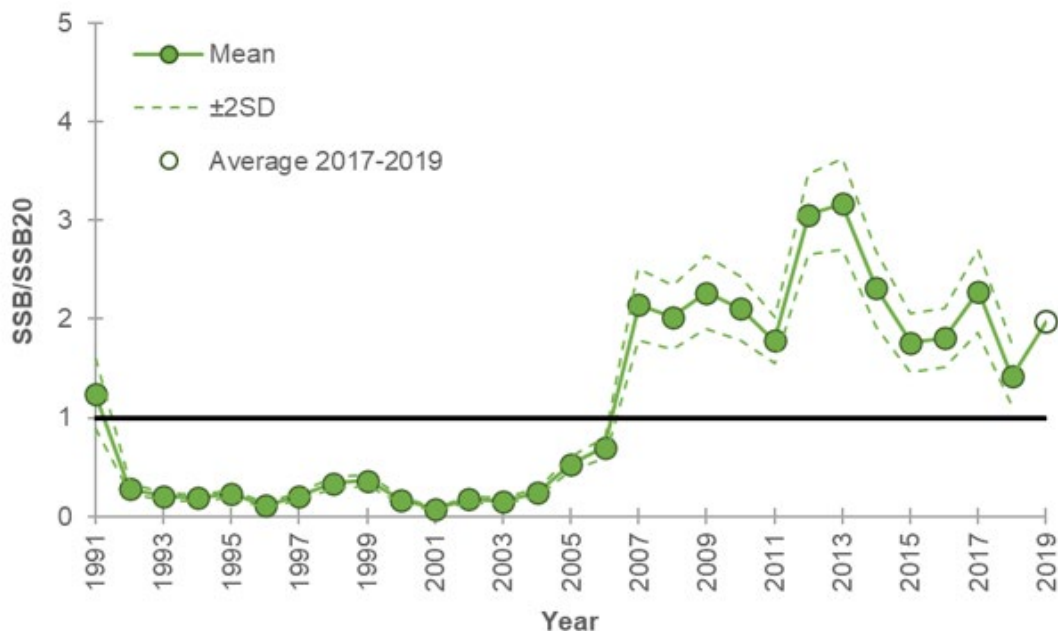


Figure 1. Annual predicted spawning stock biomass (metric tons), relative to the spawning stock biomass threshold reference point ($SSB/SSB_{20\%}$), 1991–2019. 2019 is the terminal year for the most recent spotted seatrout stock assessment (NCDMF 2022). The horizontal black line shows a ratio of one where $SSB = SSB_{20\%}$. The terminal-year estimate (open circle) is an average of the most recent three years weighted by the inverse CV values. Values above the horizontal, black line indicate the stock is not overfished.

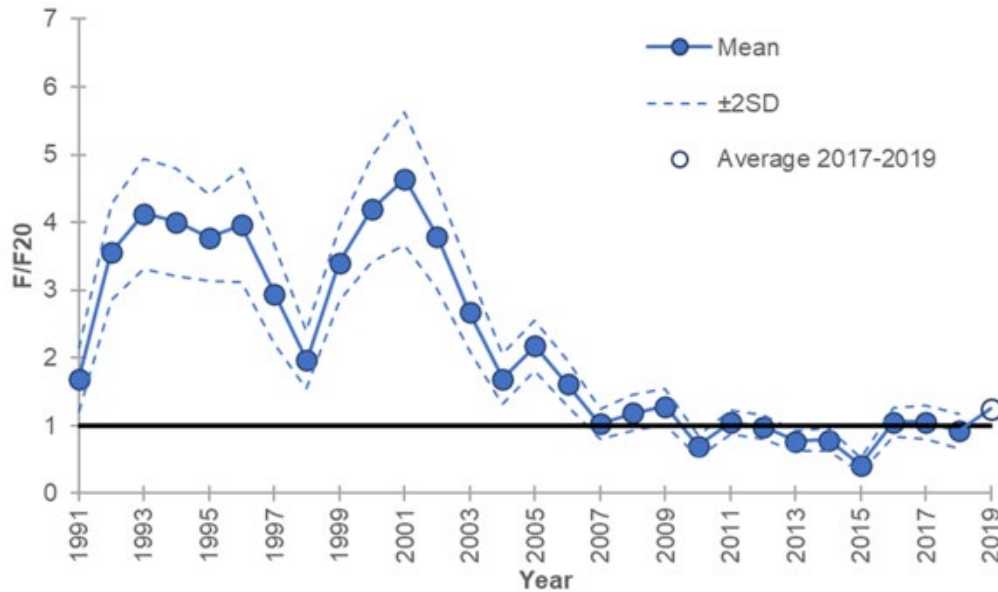


Figure 2. Annual predicted fishing mortality rates relative to the fishing mortality threshold reference point ($F/F_{20\%}$), 1991–2019. 2019 is the terminal year for the most recent spotted seatrout stock assessment (NCDMF 2022). The horizontal, black line shows a ratio of one where $F = F_{20\%}$. The terminal-year estimate (open circle) is an average of the most recent three years weighted by the inverse CV values. Values above the horizontal, black line indicate overfishing is occurring.

Stock Assessment

The 2022 benchmark stock assessment of spotted seatrout in North Carolina and Virginia was conducted using a seasonal size-structured assessment model applied to data characterizing commercial and recreational landings and discards, fisheries-independent survey indices, and biological data collected from 1991 through 2019. The model included a seasonal time step (winter and non-winter seasons), and a nonstationary process was assumed for growth and winter natural mortality meaning growth and winter natural mortality were not set inputs but were estimated by the stock assessment model. The seasonal time step and nonstationary winter natural mortality assumption allows for capturing the cold-stun signals that have been observed for spotted seatrout. Both the observed data and the model predictions suggest a shift in population dynamics around the year 2004 when the survey index data became available. Lower fishing mortality (F) and higher spawning stock biomass (SSB) and recruitment with greater variation were predicted for the time period after 2004. This trend was also observed in the recreational landing and discards data, with higher values in the time period after 2004. The fishing year was defined as the biological year, March 1 through February 28 or 29, to incorporate cold stun mortalities within a single model year.

In 2019, estimated SSB was 4,980,243 pounds (2,259 metric tons), which is greater than the threshold ($SSB_{20\%}=2,519,884$ pounds or 1,143 metric tons; Figure 1), indicating the stock is not overfished. The terminal year estimate of F (F_{2019}) was based on an inverse-variance weighted average of 2017–2019 F values. The 2019 estimate of fishing mortality was 0.75, which is higher than the threshold ($F_{20\%}=0.60$), indicating the stock is experiencing overfishing (Figure 2).

DESCRIPTION OF THE FISHERY

Current Regulations

In 2024, DMF managed spotted seatrout through a combination of recreational bag limits, commercial trip limits, and a 14-inch minimum size limit for both sectors. Recreational harvest was allowed seven days per

week with a daily bag limit of four fish. Commercial harvest was allowed seven days a week in coastal waters with a daily trip limit of 75 fish. It was unlawful for a commercial fishing operation to possess or sell spotted seatrout for commercial purposes taken from Joint Fishing Waters of the state from midnight on Friday to midnight on Sunday each week except from the Albemarle and Currituck sounds. Additionally, the DMF Director had the authority to close the fishery by proclamation through June 15 in the event of a severe cold stun. For example, in 2018, the spotted seatrout commercial and recreational fishery was closed from January 5 through June 15 by proclamation due to a state-wide cold stun event.

Amendment 1 was adopted by the MFC at their March 2025 business meeting and management consistent with Amendment 1 will be implemented in 2025. Recreational management includes a bag limit of three fish, a 14- to 20-inch slot limit with an allowance for one fish over 26-inches, and harvest allowed seven days a week. Commercial management includes a 14-inch minimum size limit, a trip limit of 75 fish, a Saturday to Sunday commercial harvest closure from January through September, and a Saturday through Monday commercial harvest closure October through December. Additionally, the DMF Director's authority to close the fishery by proclamation in the event of a severe cold stun was extended through June 30. The MFC also adopted an adaptive management framework to allow for flexible management between FMP updates and a cold stun adaptive management framework for additional, temporary management in the event of an especially severe cold stun.

For both commercial and recreational sectors of the spotted seatrout fishery, landings are reported on the biological year which is from March through February of the following year (e.g., biological year 2023 is from March 2023 through February 2024). It is important to note that data from January and February of 2025 included in this annual update are preliminary.

Commercial Fishery

Annual landings have been variable throughout the time series (Table 1; Figure 3). Commercial landings in biological year 2024 (602,677 pounds) increased by about 38% compared to the previous year (437,310 pounds; Table 1; Figure 3). Commercial spotted seatrout landings vary annually but have remained high compared to other years in the current management period (2012–2024) since landings increased sharply in biological year 2019. Commercial landings in biological year 2024 are similar to landings in biological years 2021 and 2020 which represent the two highest years since biological year 1999. The increase in commercial landings since 2019 is most likely due to several strong year classes and mild winters from 2019–2022, resulting in high numbers of available fish. Additionally, regulations limiting fall commercial fishing for other species – specifically southern flounder – likely influenced commercial spotted seatrout effort. During the early to mid-1990s, landings in the ocean and estuarine areas were more similar than in the remainder of the time series (1995–2022) in which estuarine landings have dominated. The primary gear of harvest are estuarine gill nets (anchored and run around).

Table 1. Recreational harvest (number of fish landed and weight in pounds), recreational releases (number of fish), commercial harvest (weight in pounds), and combined recreational and commercial harvest (weight in pounds) of spotted seatrout from North Carolina for the biological years 1991–2024. The biological year is from March through February of the following year (e.g., biological year 2022 is from March 2022 through February 2023). *Data from the January and February portion of biological year 2024 is preliminary.

Biological Year	Recreational			Commercial	Total Weight Landed (lb)
	Number Landed	Number Released	Weight Landed (lb)	Weight Landed (lb)	
1991	973,624	576,139	1,334,162	738,338	2,072,500
1992	908,233	449,085	1,390,746	482,192	1,872,938
1993	569,327	462,573	857,720	487,612	1,345,332
1994	798,937	443,785	1,207,520	479,249	1,686,769
1995	863,057	708,851	1,221,065	540,890	1,761,955
1996	575,357	638,588	699,078	142,742	841,820
1997	779,611	245,747	1,025,110	229,168	1,254,278
1998	702,274	112,315	1,125,898	372,674	1,498,572
1999	1,080,411	718,987	1,878,913	675,136	2,554,049
2000	728,906	170,075	1,095,729	192,130	1,287,859
2001	499,556	515,433	659,893	89,880	749,773
2002	746,908	1,349,460	957,824	222,625	1,180,449
2003	388,715	546,960	515,678	144,086	659,764
2004	570,836	597,766	744,870	127,443	872,313
2005	1,574,164	3,149,889	1,772,342	123,938	1,896,280
2006	1,432,937	1,581,255	2,050,493	385,530	2,436,023
2007	1,242,654	2,232,904	2,002,059	325,267	2,327,326
2008	1,331,397	2,219,488	2,035,508	318,413	2,353,921
2009	1,850,581	4,461,889	2,855,284	362,781	3,218,065
2010	623,597	7,739,240	1,264,714	112,703	1,377,417
2011	758,250	7,580,380	1,466,310	83,875	1,550,185
2012	1,666,056	4,819,440	2,762,953	315,128	3,078,081
2013	1,055,564	4,521,077	1,958,333	364,123	2,322,456
2014	737,345	3,655,134	1,325,748	226,394	1,552,142
2015	202,703	5,426,396	339,433	115,553	454,986
2016	1,130,681	6,225,783	2,013,905	273,848	2,287,753
2017	1,054,500	4,725,746	1,852,474	252,803	2,105,277
2018	499,562	16,426,445	728,401	151,750	880,151
2019	2,415,392	7,050,239	4,221,440	443,638	4,665,078
2020	1,605,722	5,428,135	2,827,646	653,092	3,480,738
2021	1,495,384	6,859,777	2,839,919	654,327	3,494,246
2022	1,852,135	11,462,872	3,463,284	520,950	3,984,234
2023	952,547	3,686,253	1,835,950	437,310	2,273,260
2024	1,273,509	5,368,175	2,418,680	602,677	3,021,357
Mean	1,027,660	3,593,008	1,669,091	342,596	2,011,687

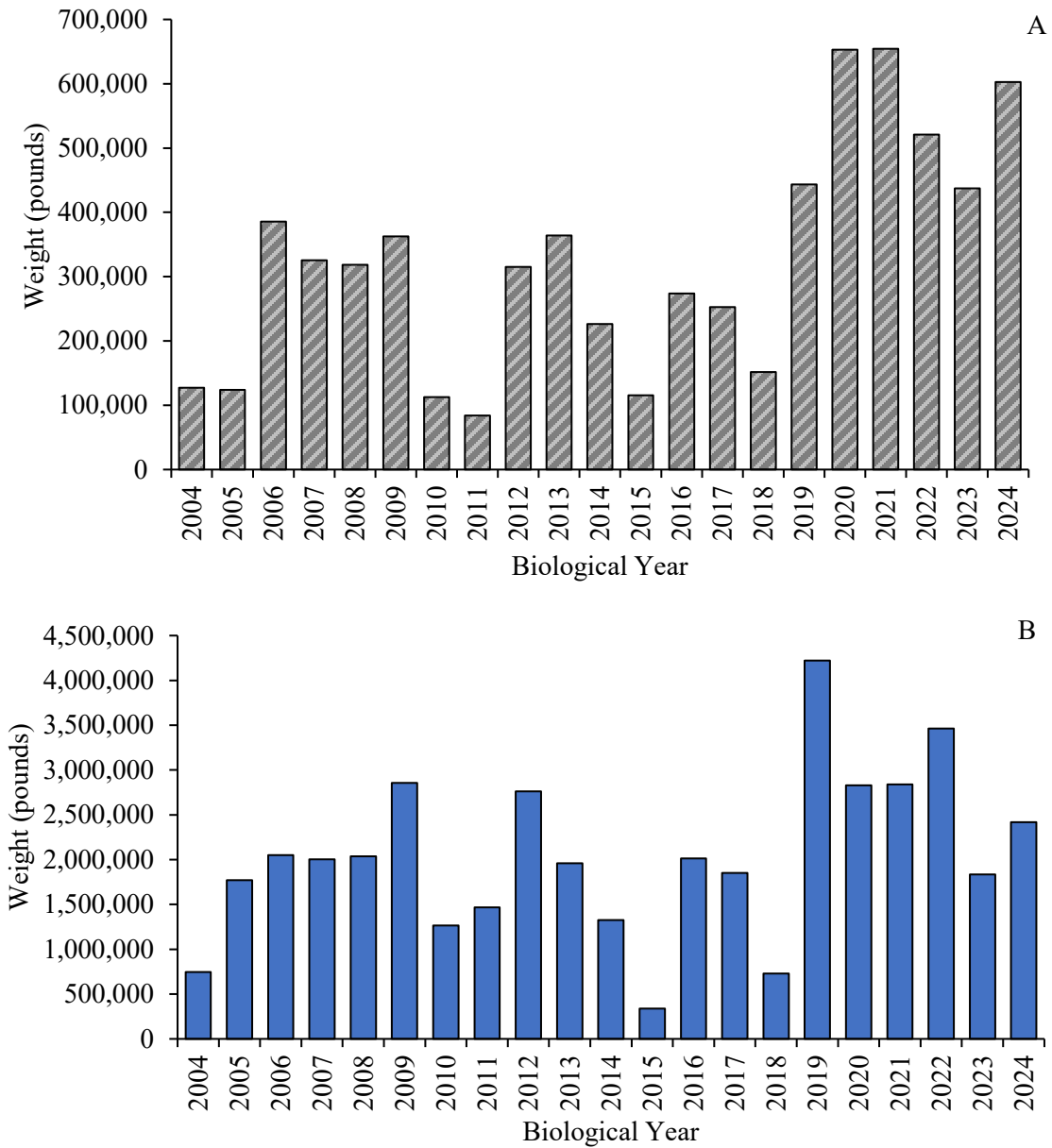


Figure 3. Commercial landings (pounds) reported through the North Carolina Trip Ticket Program (A) and recreational landings (Type A + B1; pounds) estimated from the Marine Recreational Information Program survey (B) for North Carolina, Biological Year 1991–2024. Biological Year is from March through February of the following year (e.g., Biological Year 2022 starts March 2022 and ends February 2023). *Data from the January and February portion of biological year 2024 is preliminary.

Recreational Fishery

Recreational landings of spotted seatrout are estimated from the Marine Recreational Information Program (MRIP). Recreational estimates across all years have been updated and are now based on the MRIP's new Fishing Effort Survey-based calibrated estimates. For more information on MRIP see <https://www.fisheries.noaa.gov/topic/recreational-fishing-data>.

Recreational harvest of spotted seatrout estimated by MRIP (Type A + B1) in biological year 2024 was 1,273,509 fish corresponding to 2,418,680 pounds representing an increase from biological year 2023 (Table 1; Figure 3). The DMF Director issued Proclamation FF-15-2025 on January 22, 2025 to close harvest of spotted seatrout due to a severe cold stun which likely resulted in much lower recreational harvest in 2024 than would have been expected. Prior to the cold stun closure, recreational harvest in pounds was on pace to be the highest in the timeseries. Despite lower than expected harvest, biological year 2024 represents the sixth highest year of recreational harvest in pounds in the timeseries with five of the six highest years occurring since 2019 (2019–2022 and 2024; Table 1). Estimated recreational releases in biological year 2024 (5,368,175 Table 1) were well above releases in 2023 and more similar to releases in recent years (Table 1).

The North Carolina Saltwater Fishing Tournament (the Tournament) recognizes anglers for landing and/or releasing fish of exceptional size or rarity by issuing citations that document the capture for the angler. Citations awarded through the North Carolina Saltwater Fishing Tournament for spotted seatrout have varied annually throughout the time series with a generally increasing trend since 2012, averaging 421 citations (Figure 4). Calendar year 2024 (1,240 citations) represents the sixth year in a row of increased citations and the third year in a row of a new record number of citations. In 2008, the Tournament began awarding release citations for spotted seatrout over 24-inches that are released. The number of release citations awarded has generally increased since release citations began in 2008. Release citations in calendar year 2024 (736 release citations) were the highest number awarded since release citations began in 2008 and represent the sixth year in a row of a new release citation high. The percent of spotted seatrout release citations compared to total citations awarded for spotted seatrout (59%) was the time-series high, represents the third year in a row of a time-series high for release citations, and the first year of more release citations than harvest citations in the Tournament (Figure 4).

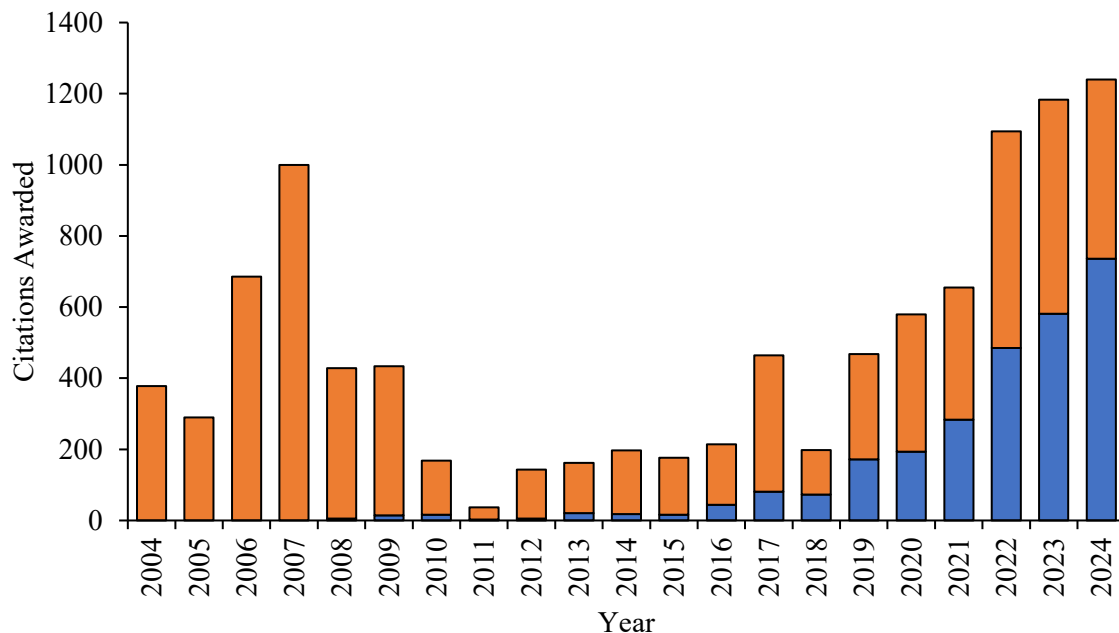


Figure 4. North Carolina Saltwater Fishing Tournament harvest citations (orange portion of bar) and release citations (blue portion of bar) awarded for spotted seatrout, calendar years 2004–2024. Citations are awarded for spotted seatrout >24-inches total length for release or >5 pounds landed. Release citations began in 2008.

MONITORING PROGRAM DATA

Fishery-Dependent Monitoring

Commercial fish houses are sampled monthly to provide length, weight, and age data. This information is used to characterize the commercial fishery for stock assessments and to monitor trends in the size and age of fish being removed from the stock. The average sizes of fish landed by the commercial fishery are typically larger than the recreational fishery and is primarily driven by the larger maximum size observed in the commercial landings (Table 3; Figure 5). Undersized fish represent a small portion of the harvest in both sectors; 0.6% of commercial harvest and 1.4% of recreational harvest was below the 14-inch size limit in 2024 (Figure 5).

Table 3. Mean, minimum, and maximum lengths (fork length, inches) of spotted seatrout measured from the commercial and recreational fisheries, calendar years 1991–2022.

Year	Commercial				Recreational			
	Mean Length	Minimum Length	Maximum Length	Total Number Measured	Mean Length	Minimum Length	Maximum Length	Total Number Measured
1991	14.4	7.7	28.7	1465	15.1	4.9	31.9	745
1992	16.0	8.4	27.9	2468	15.6	5.1	24.2	543
1993	16.3	8.5	29.7	2264	15.7	9.3	25.0	485
1994	15.6	7.0	29.1	1442	16.0	10.6	24.0	1,076
1995	17.1	8.5	29.1	2944	15.6	8.5	31.6	853
1996	16.0	7.0	27.6	1159	14.6	8.9	24.3	307
1997	14.9	8.1	29.9	4268	15.3	8.9	23.1	622
1998	14.5	8.0	29.9	4696	16.4	11.0	36.5	551
1999	15.6	7.6	30.2	6152	16.4	11.6	26.8	699
2000	17.5	6.0	30.7	2899	15.6	11.3	25.2	330
2001	16.3	7.6	30.7	1548	14.8	11.5	26.0	326
2002	16.1	8.0	28.9	3822	14.9	11.8	24.8	283
2003	17.2	9.5	29.6	2205	14.6	9.9	25.0	130
2004	16.6	9.0	27.9	2557	15.3	8.9	22.5	294
2005	16.8	8.5	27.5	2283	14.2	8.7	25.2	664
2006	16.3	8.9	29.3	6155	15.5	10.1	25.9	706
2007	17.3	9.6	31.0	8315	15.9	10.8	27.7	521
2008	17.0	7.3	30.3	5645	15.6	11.5	26.5	790
2009	16.7	5.4	29.5	6268	16.0	9.1	26.0	779
2010	17.5	11.4	30.9	3730	17.5	12.4	24.8	336
2011	16.6	8.8	27.8	1085	17.0	12.3	24.2	638
2012	16.5	7.4	31.1	4268	16.5	13.0	24.1	939
2013	16.7	8.7	28.5	4736	16.8	10.1	23.5	865
2014	17.3	5.5	28.3	2877	17.6	13.1	26.0	381
2015	18.3	8.9	30.9	1824	16.9	12.8	25.0	154
2016	17.3	9.4	31.7	2623	16.8	13.0	25.2	647
2017	17.6	7.6	32.9	2289	17.0	11.6	25.8	864
2018	17.2	10.5	28.0	805	15.7	9.3	23.3	274
2019	17.3	10.1	28.9	2587	16.7	10.7	24.6	1,574
2020	17.5	10.9	33.4	2861	17.0	12.1	26.8	1,119
2021	17.5	10.9	29.9	3432	17.0	11.1	26.5	1,019
2022	17.9	13.2	28.3	3316	17.4	12.6	28.0	632
2023	17.4	8.7	27.9	2586	17.3	12.6	25.9	516
2024	18.1	10.8	29.4	2790	17.1	12.0	26.5	575

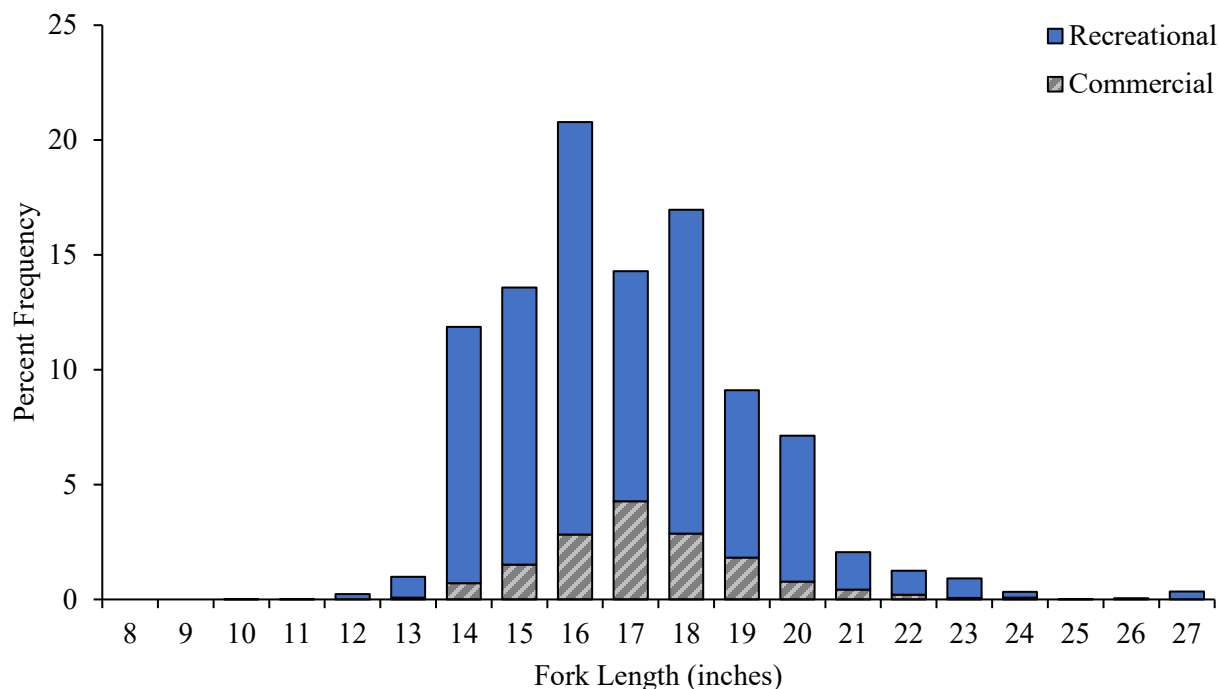


Figure 5. Commercial and recreational length frequency distribution from spotted seatrout harvested in biological year 2024.

The number of fish sampled by division staff at commercial fish houses has varied over time due to annual variability in landings of the fishery. The mean length of spotted seatrout in 2024 (18.1 inches fork length) was higher than the mean length in the current management period (2012–2024, 17.4 inches fork length) and the mean length in 2023 (17.4 inches fork length). Minimum length (10.8 inches fork length) was higher than the minimum length in 2022 and more in line with the current management period (8.7 inches fork length; Table 3; Figure 6). Maximum length in 2024 increased to 29.4 inches fork length and was similar to the current management period average (~29 inches fork length). Most spotted seatrout landings by the commercial fishery in 2024 came from the run around and anchored gill net fisheries (63% and 30% respectively) with pound nets (2%), and all other gears (5%; mainly beach seines, swipe nets, and haul seines) accounting for the rest.

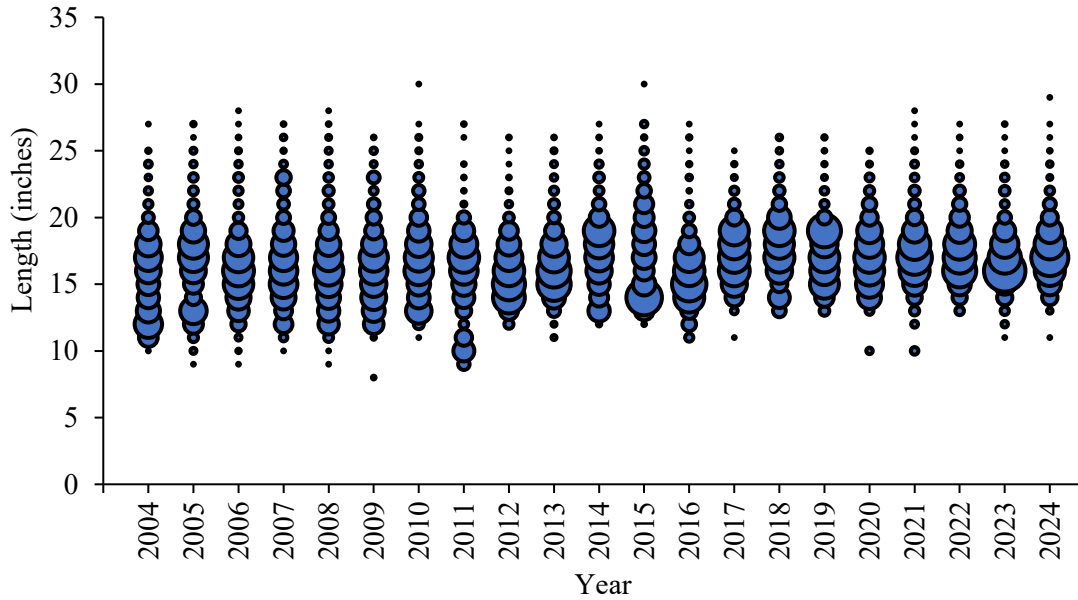


Figure 6. Commercial length frequency (fork length, inches) of spotted seatrout harvested biological year 2004–2024. Bubbles represent fish at length and the bubble size is proportional to the number of fish at that length.

Recreational catch is almost exclusively hook-and-line. The mean length (17.1 inches fork length), minimum length (12.0 inches fork length), and maximum length (26.5 inches fork length) from the recreational fishery in 2024 were all similar to the previous four years (Table 3). About ninety-four percent of the spotted seatrout sampled from the recreational fishery in 2022 were between 14 and 20 inches (Figure 5 and Figure 7).

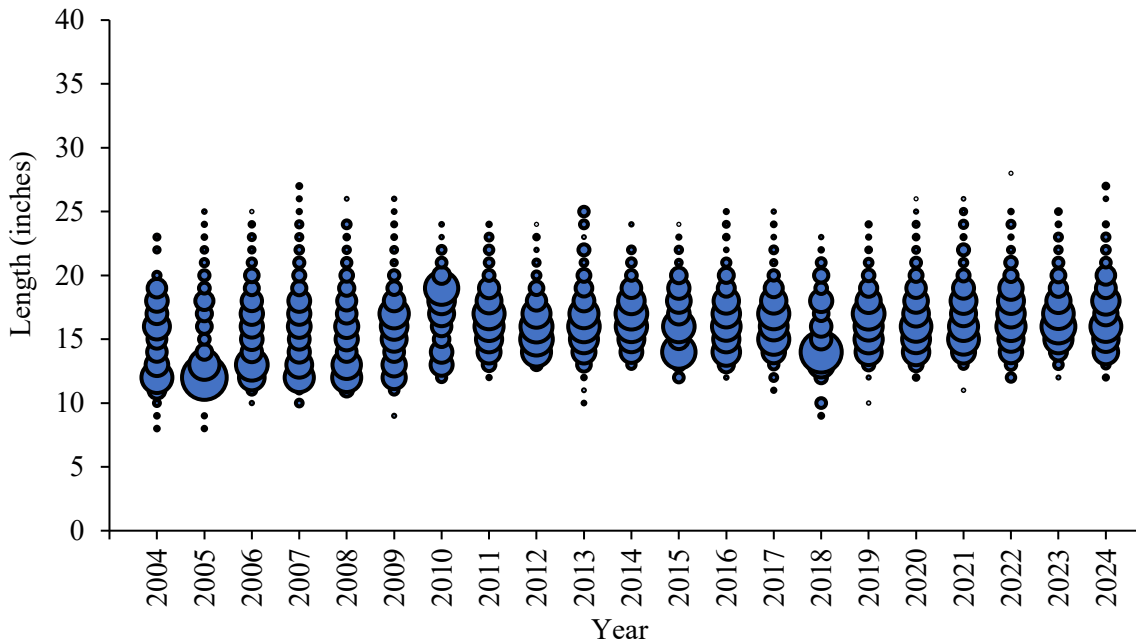


Figure 7. Recreational length frequency (fork length, inches) of spotted seatrout harvested biological year 2004–2024. Bubbles represent fish at length and the bubble size is proportional to the number of fish at that length.

Fishery-Independent Monitoring

The DMF utilizes numerous fishery independent monitoring programs to provide indices of juvenile (Program 120) and adult (Program 915) relative abundance to include in stock assessments. Program 120, the North Carolina Estuarine Trawl Survey, is a fishery independent multispecies monitoring program that has been ongoing since 1971 in the months of May and June. One of the key objectives of this program is to provide a long-term database of annual juvenile recruitment for economically important species. This survey samples a fixed set of 104 core stations with additional stations as needed. The core stations are sampled from western Albemarle Sound south to the South Carolina border each year without deviation two times in the months of May and June. An additional set of 27 spotted seatrout juvenile stations in Pamlico Sound and its major tributaries were added in 2004 and are sampled during the months of June and July. Data from the spotted seatrout specific stations are used to generate an index of relative abundance of age zero spotted seatrout, calculated as the average number of fish per tow. The resulting relative abundance index for the time series is variable with no significant trend overall, and peaks in 2006, 2008, 2012, 2013, and 2018 suggesting relatively higher recruitment in those years (Figure 8). The Program 120 relative abundance index in 2024 was 2.56 spotted seatrout per tow, which was an increase from the 2023 value (1.04 spotted seatrout per tow) and was greater than the time series mean (1.90 spotted seatrout per tow).

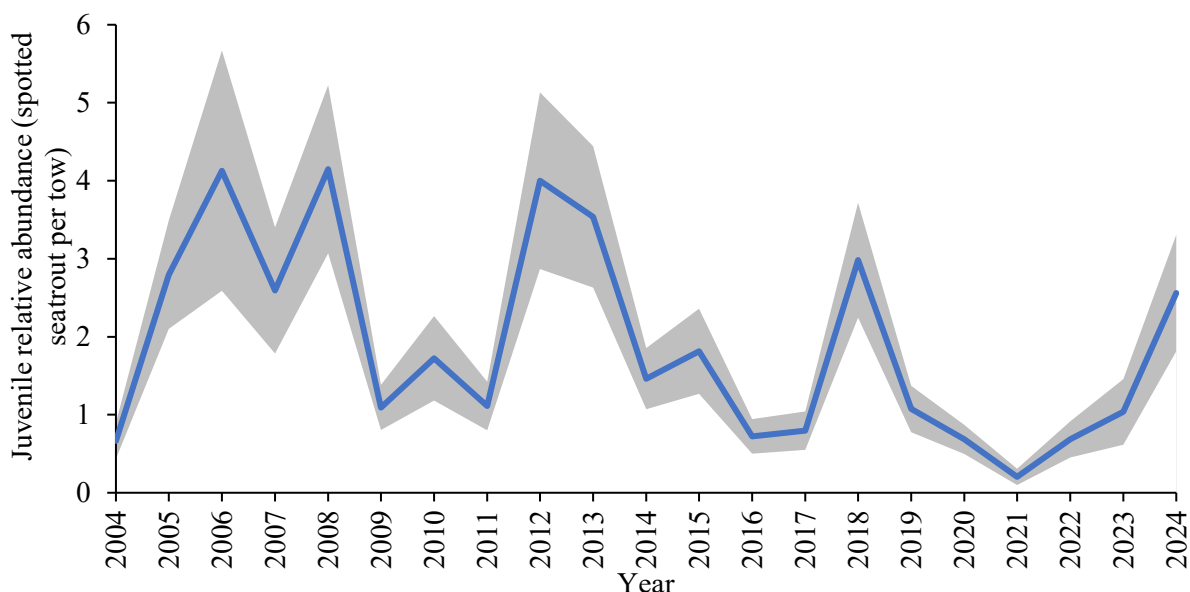


Figure 8. Relative abundance index (fish per tow) from the North Carolina Estuarine Trawl Survey (Program 120) during June and July, 2004–2023. Error bars represent ± 1 standard error.

DMF started a fishery independent gill net survey (Program 915) in 2001 to generate a long-term database of age composition and to develop indices of abundance for numerous commercial and recreationally important finfish species, including spotted seatrout. The survey utilizes a stratified random sampling scheme of multi-mesh gill nets designed to characterize the size and age distribution for key estuarine species in Pamlico Sound and help managers assess the spotted seatrout stock without relying solely on commercial and recreational fishery dependent data. Three regions encompassing most of the estuarine waters in North Carolina are sampled monthly from February to December. Pamlico Sound stations include waters on the backside of the barrier islands and the bays of Hyde and Dare counties, the central river stations include the Pamlico, Pungo, and Neuse rivers, and the southern river stations include the Cape Fear and New rivers. In the 2022 Spotted Seatrout Stock Assessment, the northern stations (i.e., the Pamlico Sound and Central River stations) were combined then separated into spring (April–June) and fall (September–November) indices of abundance (NCDMF 2022). During 2020 no indices of abundance are available for spotted seatrout from the fishery-independent assessment (Program 915). Sampling in this

program was suspended in February 2020 due to COVID-19 restrictions and protected species interactions but resumed July 2021. Relative abundance in the Fall Index has been relatively consistent since 2006 with some variation around the time series mean (1.00 spotted seatrout per set) with a large spike in relative abundance in 2019 (2.10 spotted seatrout per set). Fall relative abundance in 2024 was the highest in the time series (2.20 spotted seatrout per set; Figure 9). The Spring Index has been more variable throughout the time series. However, 2019 also represented a timeseries high in relative abundance (1.50 spotted seatrout per set; Figure 10). Sampling in Program 915 did not resume until July of 2021, therefore there is no Spring Index in 2021. Relative abundance in 2024 (1.33 spotted seatrout per set) was the second highest relative abundance in time series and remained well above the mean relative abundance value in the time series (0.62 spotted seatrout per set).

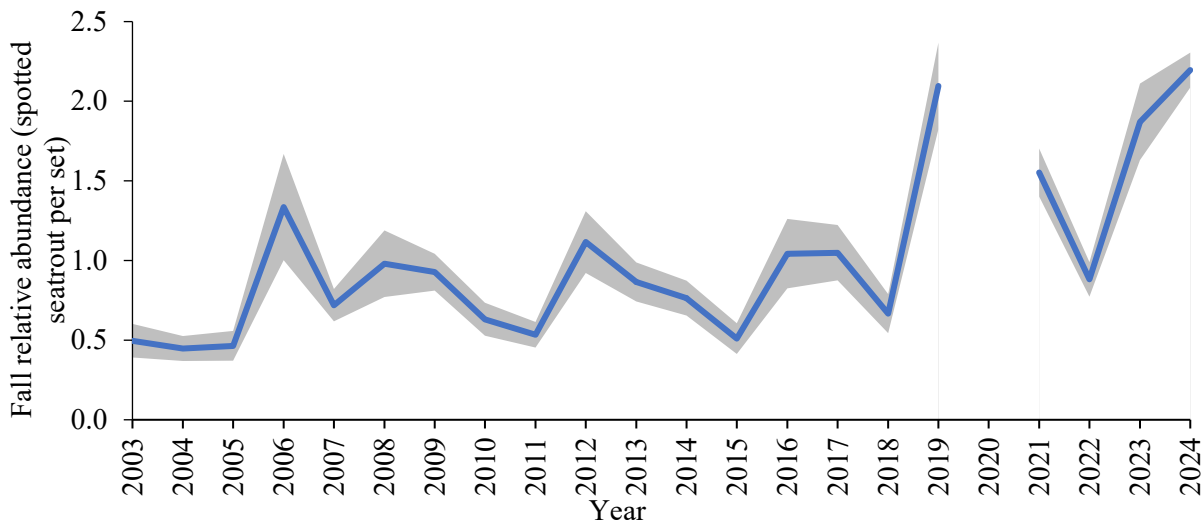


Figure 9. Fall relative abundance index (fish per set) of spotted seatrout collected from Program 915 in Pamlico Sound, Pamlico River, Pungo River, and Neuse River during September, October, and November 2003–2024. Error bars represent ± 1 standard error. Sampling not conducted in 2020 for the Fall Index.

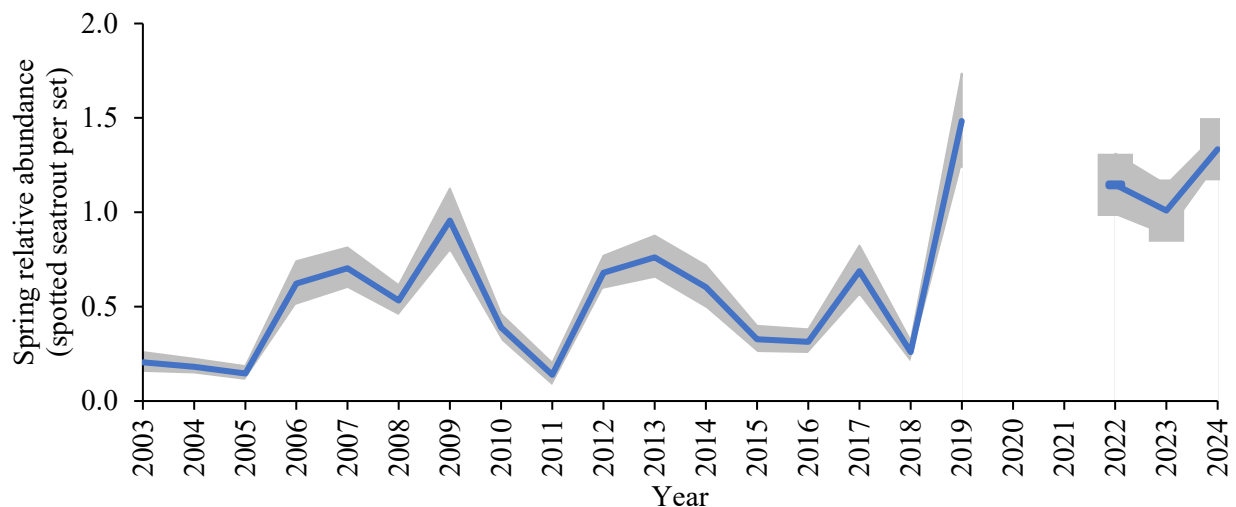


Figure 10. Spring relative abundance index (fish per set) of spotted seatrout collected from Program 915 in Pamlico Sound, Pamlico River, Pungo River, and Neuse River during April, May, and June 2003–2024. Error bars represent ± 1 standard error. *Sampling not conducted in 2020 or April, May, and June of 2021.

Spotted seatrout age samples are collected from numerous DMF fishery independent and dependent sources. To date, a total of 23,873 otoliths from spotted seatrout have been aged since 1991 (Table 4). Except for 2003, the minimum age of sampled spotted seatrout has been age zero for every year DMF has recorded this information. Maximum ages have varied every year, ranging from age five to age nine. Modal ages give an indication of the age of the largest age cohort in the fishery and averages just over age one meaning one year old spotted seatrout are consistently the largest age cohort. Spotted seatrout length-at-age was summarized based on all available age data (1991–2024; Figure 11). Spotted seatrout grow quickly until around age 4 when growth rates generally slow. For example, fish as large as 24.7 inches have the potential to be young of the year (age 0). In 2024, the number of fish aged (1,352 fish) increased from the previous year (1,045 fish). Spotted seatrout sampled in 2024 had a modal age of 2 and maximum age of 7.

Table 4. Modal age, minimum age, maximum age, and number aged for spotted seatrout collected through DMF sampling programs, calendar years 1991–2024.

Year	Modal Age	Minimum Age	Maximum Age	Total Number Aged
1991	1	0	7	698
1992	1	0	6	572
1993	1	0	6	654
1994	1	0	9	691
1995	1	0	5	653
1996	1	0	6	734
1997	1	0	6	715
1998	1	0	9	765
1999	1	0	6	876
2000	1	0	7	566
2001	1	0	5	425
2002	1	0	7	713
2003	1	1	7	405
2004	1	0	6	598
2005	1	0	5	727
2006	1	0	8	972
2007	2	0	8	703
2008	1	0	7	619
2009	2	0	6	661
2010	1	0	6	623
2011	1	0	6	421
2012	1	0	5	595
2013	2	0	5	635
2014	1	0	7	530
2015	2	0	5	450
2016	1	0	5	457
2017	1	0	7	881
2018	1	0	5	516
2019	1	0	8	1,173
2020	2	0	5	634
2021	1	0	6	1,002
2022	2	0	6	812
2023	1	0	8	1,045
2024	2	0	7	1,352

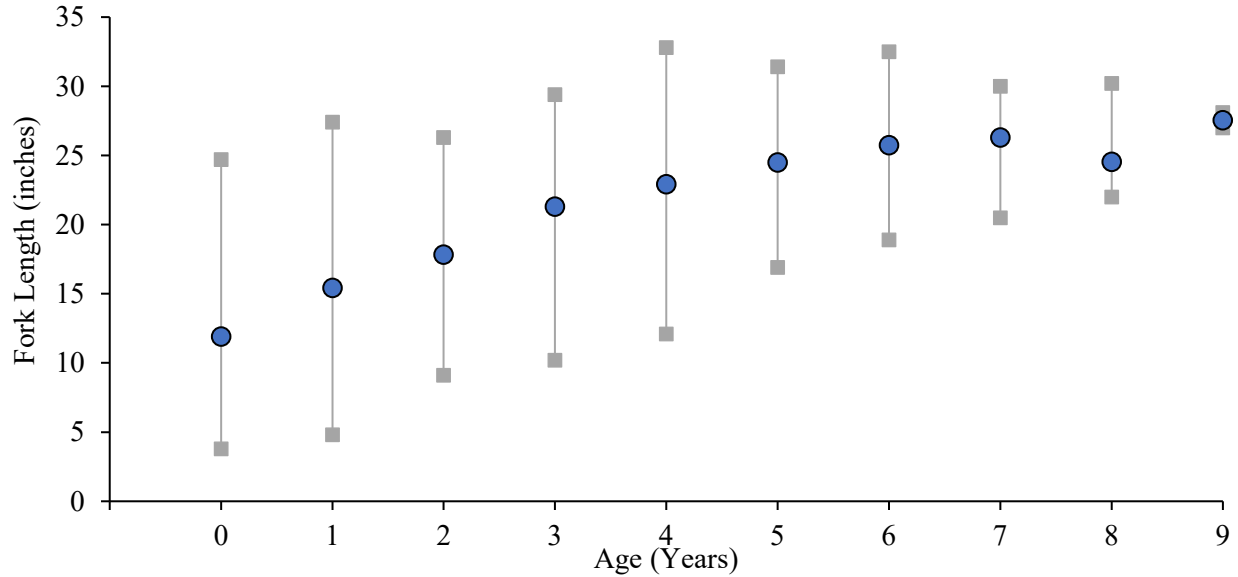


Figure 11. Spotted seatrout length at age based on all age samples collected from calendar year 1991 to 2024. Blue circles represent the mean size at a given age while the grey squares represent the minimum and maximum observed size for each age.

Tagging

DMF established the Multi-Species Tagging Program in 2014 designed to collect data on habitat use, migration patterns, population structure, and mortality rates of cobia, red drum, southern flounder, spotted seatrout, and striped bass. Specifically, spotted seatrout are tagged with single yellow tags (low reward), single red tags (high reward), or double yellow tags. Since 2014, Division staff and Division trained volunteer taggers have tagged 14,171 spotted seatrout with 910 recaptures reported (Table 5). In 2024 specifically, Division staff and volunteers tagged 1,003 (Figure 12A) spotted seatrout with 32 reported recaptures (Figure 12B).

Table 5. Total tagged, total recaptured, average days at large, maximum days at large, average distance traveled (miles), and maximum distance traveled (miles) for spotted seatrout tagged in the DMF Multi-Species Tagging Program from calendar year 2014-2023.

Year Tagged	Total Tagged	Total Recaptured	Average Days at Large	Maximum Days at Large	Average Distance Traveled	Maximum Distance Traveled
2014	634	44	91	431	37	271
2015	1047	37	139	641	17	94
2016	1306	93	133	567	28	214
2017	2581	138	116	1099	29	208
2018	1464	67	200	904	59	202
2019	2619	257	169	1091	36	223
2020	1389	104	156	884	37	298
2021	518	35	144	777	32	151
2022	821	50	148	774	32	117
2023	789	53	89	515	32	231
2024	1003	32	78	508	22	249

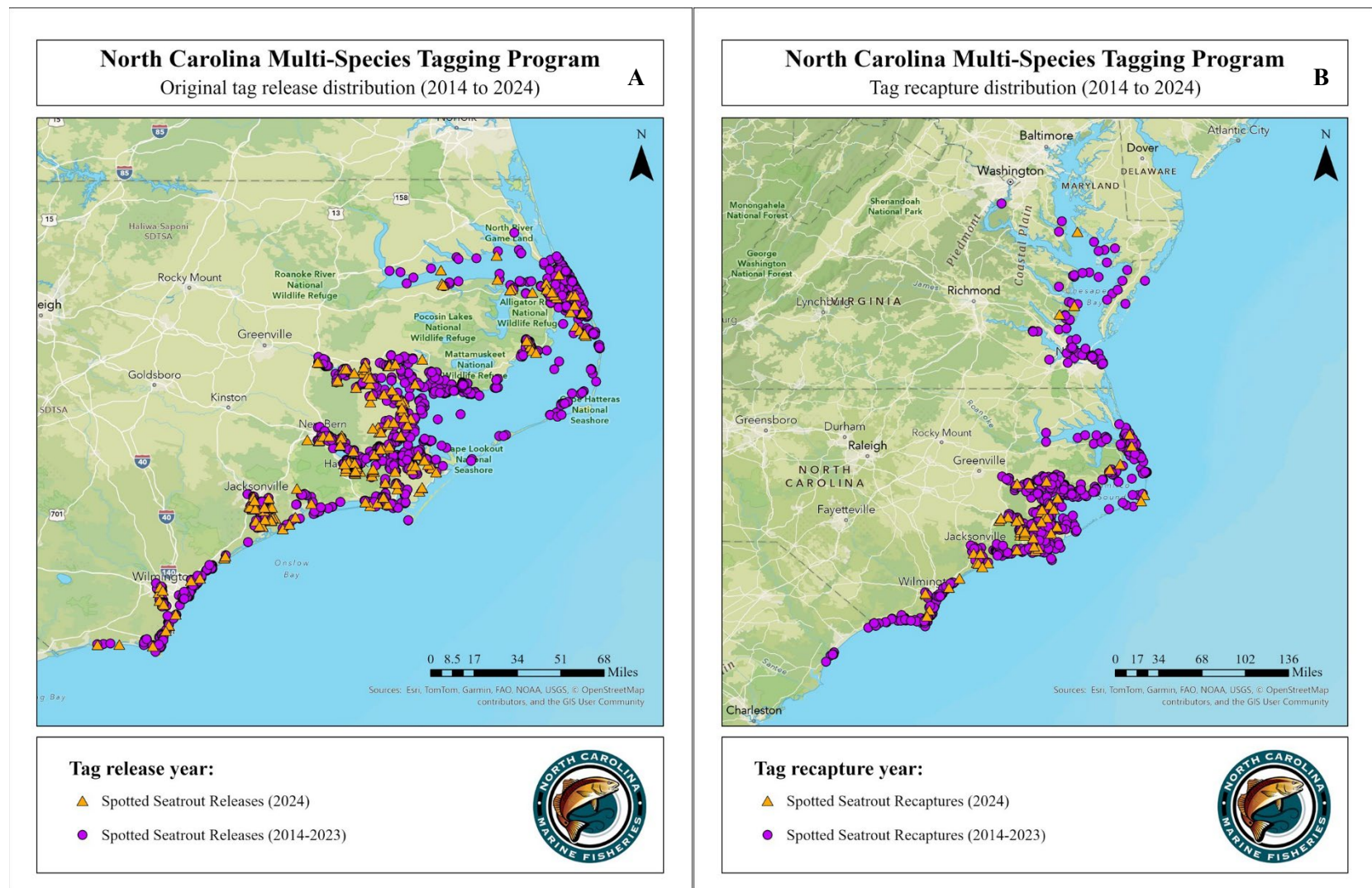


Figure 12. Spotted seatrout release (A) and recapture (B) locations for spotted seatrout tagged in the DMF Multi-Species Tagging Program from calendar year 2014–2024.

RESEARCH NEEDS

The following research needs were compiled from the original Spotted Seatrout FMP, the 2022 North Carolina Spotted Seatrout Stock Assessment Report, and Amendment 1 to the Spotted Seatrout FMP. Improved management of spotted seatrout is dependent upon research needs being met. Research needs are not listed in order of priority.

- Develop a juvenile abundance index to gain a better understanding of a stock recruitment relationship. — Ongoing, using program 120 since 2004; CRFL grant 2F40 is investigating an optimal sampling design for P120; exploratory seine sampling started in 2024 and will continue in 2025
- Research the feasibility of including measures of temperature or salinity into the stock recruitment relationship. — Not Completed
- Determine batch fecundity estimates for North Carolina spotted seatrout. — Not Completed
- Size specific fecundity estimates for North Carolina spotted seatrout. — Not Completed
- Investigation of the relationship of temperature with both adult and juvenile mortality. — Completed in Ellis et al. 2017a, 2017b, CRFL project 2F40-F024
- Incorporate cold stun event information into the modeling of the population. — Unsuccessfully attempted using stock synthesis model from the 2012 stock assessment, unsuccessfully attempted to directly incorporate cold stun event information into 2022 benchmark assessment but assessment was able to capture the signal of cold stun events, is being investigated further during Johnna Brooks PhD project
- Estimate or develop a model to predict the impact of cold stun events on local and statewide spotted seatrout abundance. — Ongoing. Unsuccessfully attempted using stock synthesis model from the 2012 stock assessment, 2022 benchmark assessment was able to capture the signal of cold stun events but not predict the impact, is being investigated further during Johnna Brooks PhD project
- Integrate tagging data into stock assessment model so both tagging data and other data sources can work together to give a better picture of the population. — Ongoing. Unsuccessfully attempted during benchmark stock assessment update, is being investigated further during Johnna Brooks PhD project
- Obtain samples (length, age, weight, quantification) of the cold stun events as they occur. — Ongoing: obtained samples in 2001, 2010, 2014, 2015, 2018, 2022, 2025; length, weight, sex, age; unable to quantify extent of kills
- Define overwintering habitat requirements of spotted seatrout. — Preliminary work completed in Ellis et. al (2017a, 2017b)
- Determine factors that are most likely to influence the severity of cold stun events in North Carolina and separate into low and high salinity areas. — Preliminary work completed in Ellis et. al (2017a)
- Investigate the distribution of spotted seatrout in nursery and non-nursery areas. — Not Completed
- Further research on the possible influences of salinity on release mortality of spotted seatrout. — Ongoing. Upcoming job in ACFCMA grant studies
- Survey of fishing effort in creeks with conflict complaints. — Not Completed
- Determine targeted species in nursery areas and creeks with conflict complaints. — Not Completed
- Microchemistry, genetic, or tagging studies are needed to verify migration patterns, mixing rates, or origins of spotted seatrout between North Carolina and Virginia. — Genetic study completed: NCSU

study CRFL grant 2F40-F022; tagging studies ongoing: Tim Ellis data (2008-2013); CRFL project 2F40-F017, NC Multi Species Tagging Study 2014 — Present

- Tagging studies to verify estimates of natural and fishing mortality. — Ongoing: Tim Ellis data (2008-2013); CRFL project 2F40-F017, NC Multi Species Tagging Study 2014 — Present
- Tagging studies to determine if there are localized populations within the state of North Carolina (e.g., a southern and northern stock). — Ongoing: Tim Ellis data (2008-2013); CRFL project 2F40-F017, NC Multi Species Tagging Study 2014 — Present
- A longer time series and additional sources of fishery-independent information. — Longer time series available for P915 as well as P915 surveys for rivers and southern portion of state
- Increased observer coverage in a variety of commercial fisheries over a wider area. — Ongoing
- Expand nursery sampling to include SAV bed sampling in high and low salinity areas during the months of July through September. — Not Completed
- Evaluate the role of shell hash and shell bottom in spotted seatrout recruitment and survival, particularly where SAV is absent. — Not Completed
- Evaluate the role of SAV in the spawning success of spotted seatrout. — Not Completed
- Develop estimates of commercial discards for runaround nets. — Not Completed
- Conduct a detailed analysis of the existing Program 915 data to determine the extent to which late fall and spring provide insights into overwinter changes in abundance; this analysis could also provide insights into the magnitude of cold-stun events, which could explain differences in the effects observed in tagging and telemetry studies versus survey and fishery monitoring. — Not Completed
- Improve estimates of recreational discard mortality. — Not Completed

MANAGEMENT

The DMF management strategy is to maintain a spawning potential ratio of at least 20% to reduce fishing mortality (F) and increase the likelihood of sustainability (see Table 6 for management details). This strategy should provide a greater cushion for the population and likely lead to faster recovery of the population after cold stun events, which can lead to mass mortalities in the winter months potentially affecting the number of mature fish available to spawn the following spring. The Director maintains authority to intervene in the event of a catastrophic cold stun event and close the fishery in specific areas or statewide through June 30. This reduces fishing mortality on spotted seatrout until after the peak in their spawning season.

Table 6. Summary of the MFC management strategies and their implementation status for the 2025 Amendment 1 to the N.C. Spotted Seatrout FMP.

Management Strategy	Implementation Status
Recreational management: 19.9%–39.9% reduction in harvest needed, 14-inch to 20-inch recreational slot limit with allowance for one fish >26-inches, 3-fish bag limit	Accomplished; Proclamation authority
Commercial management: 19.9%–39.9% reduction in harvest needed, harvest closed Sat–Sun Jan–Sep and Sat–Mon Oct–Dec, 75-fish trip limit and 14-inch minimum size limit maintained	Accomplished; Proclamation authority

Management Strategy	Implementation Status
Adopt an adaptive management framework to allow for management adjustments between FMP updates to ensure sustainable harvest	Accomplished
Cold Stun Management: Extend season closure in event of severe cold stun through June 30, adopt an adaptive management framework to allow for additional management measures to speed stock recover in event of especially severe cold stun	Accomplished

FISHERY MANAGEMENT PLAN SCHEDULE RECOMMENDATIONS

A comprehensive review of the plan was completed in March 2025. A benchmark stock assessment was completed October 2022, incorporating data through February 2020.

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